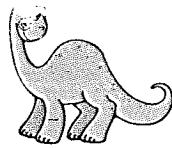




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# LUNCH MENU 2020-2021



DATE	Monday	Tuesday	Wednesday	Thursday	Friday
7/5 8/2 8/30	PAPA JOHNS PIZZA (1EA) VEG.-BROCCOLI (1/4 CP) FRUIT-MIXED FRUIT (1/4CP) GRAIN-INCLUDED IN ENTRÉE RANCH (10z) MILK (60z)	FRESH BEEF TACO (20z) VEG.-PINTO BEANS (1/4CP) FRUIT-CANTALOUPE (1EA) GRAIN-TORTILLA (1EA) SHREDDED CHEESE (10z) MILK (60z)	SLOPPY JOE (2 OZ) VEG.-MIXED VEGGIES (1/4 CP) FRUIT-CINN. APPLE SLICES (1/4 CP) GRAIN-HAMBURGER BUN(1EA) MILK (60z)	CHICKEN FRIED STEAK (1EA) VEG.-MASH POTATOES (1/4 CP) FRUIT-PEACHES (1/4 CP) GRAIN-BISCUIT (1EA) MILK (60z)	CHICKEN FAJITAS (1/4CP) VEG.-CARROTS (1/4 CP) FRUIT-APPLE (1EA) GRAIN-TORTILLA PICANTE (10z) MILK (60z)
6/14 7/12 8/9	CHEESEBURGER (1EA, 1 SLICE CHEESE) VEG.-BAKED BEANS (1/4CP) FRUIT-MIXED FRUIT (1/4CP) GRAIN- HAMBURGER BUN (1EA) MUSTARD, KETCHUP, PICKLES (10z) MILK (60z)	SPAGHETTI (3/4CP) VEG.-BROCCOLI (1/4 CP) FRUIT-FRESH FRUIT (1EA) GRAIN- BREADSTICK MILK (60z)	FETTUCINI CHICKEN ALFREDO (3/4CP) VEG.-CARROTS (1/4 CP) FRUIT-MANDARIN ORANGES (1/4 CP) GRAIN-BREAD STICK (1EA) MILK (60z)	BBQ CHICKEN VEG.-MIXED VEGGIES (1/4 CP) FRUIT-PEARS (1/4 CP) GRAIN- HAMBURGER BUN (1EA) MILK (60z)	CHICKEN NUGGETS (5EA) VEG.-POTATO WEDGES (1/4 CP) FRUIT-ORANGE (1EA) GRAIN-ROLL (1EA) KETCHUP (10z) MILK (60z)
6/21 7/1 8/16	PAPA JOHNS PIZZA (1EA) VEG.-CARROTS (1/4 CP) FRUIT-PINEAPPLE (1/4 CP) GRAIN-INCLUDED IN ENTRÉE RANCH (10z) MILK (60z)	FRITO PIE (20z, CHIPS 10z) VEG.-CORN (1/4 CP) FRUIT-MANDARIN ORANGES (1/4 CP) GRAIN-TORTILLA (1EA) SHREDDED CHEESE (10z) MILK (60z)	RAVIOLI (3/4CP) VEG.-CELERY (1/4 CP) FRUIT-MIXED FRUIT (1/4CP) GRAIN- ROLL (1EA) MILK (60z)	BOW TIE LASAGNA (3/4CP) VEG.-BROCCOLI (1/4 CP) FRUIT-APPLESAUCE (1/4CP) GRAIN- GARLIC BREADSTICK (1EA) MILK (60z)	CRISPY CHICKEN SANDWICH (1EA) VEG.-BAKED BEANS (1/4CP) FRUIT-PEACHES (1/4 CP) GRAIN-HAMBURGER BUN (1EA) MILK (60z)
6/28 7/26 8/23	MAC AND CHEESE (3/4 CP) VEG.-BROCCOLI (1/4 CP) FRUIT-PEACHES (1/4 CP) GRAIN-ROLL (1EA) MILK (60z)	SOFT CHICKEN TACO (20z) VEG.-PINTO BEANS (1/4CP) FRUIT-ORANGE (1EA) GRAIN-TORTILLA (1EA) SHREDDED CHEESE (10z) PICANTE SAUCE (10z) MILK (60z)	SALISBURY STEAK (1EA) VEG.-WHIP POTATOES (1/4 CP) FRUIT-MIXED FRUIT (1/4CP) GRAIN-DINNER ROLL (1EA) BROWN GRAVY (10z) MILK (60z)	GRILLED CHEESE (1EA) VEG.-CARROTS (1/4 CP) FRUIT-FRESH FRUIT (1EA) GRAIN-INCLUDED IN ENTRÉE MILK (60z)	BEAN BURRITO (1EA) VEG.-GREEN BEANS (1/4CP) FRUIT-MANDARIN ORANGES (1/4 CP) GRAIN-INCLUDED IN ENTRÉE PICANTE SAUCE (10z) MILK (60z)



7/5 8/2 8/30  
6/14 7/12 8/9  
6/21 7/1 8/16  
6/28 7/26 8/23



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# GRAB N GO MENU 2021-2022

ASL



DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8/2 8/30 9/27 10/25 11/22 12/20	WG CEREAL (1EA) STRING CHEESE (1EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)	NUTRI GRAIN (1EA) YOGURT (1EA) FRUIT (1EA) MILK (8OZ-1EA)	BOILED EGG (1EA) SLICED BREAD (1EA) FRESH FRUIT (1EA) MILK (8OZ-1EA)	EGGO WAFFLES(1EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)	RAISIN BREAD (1EA) JELLY (1EA) FRESH FRUIT(1EA) MILK (8OZ-1EA)
8/9 9/6 10/4 11/1 11/29 12/27	WG CEREAL (1EA) STRING CHEESE (1EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)	MUFFIN (1EA) FRUIT (1EA) MILK (8OZ-1EA)	POP TART (1EA) FRESH FRUIT (1EA) MILK (8OZ-1EA)	EGGO WAFFLES (1EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)	BAGEL (1EA). CREAM CHEESE (1EA) FRESH FRUIT(1EA) MILK (8OZ-1EA)
8/16 9/13 10/11 11/8 12/6	WG CEREAL (1EA) STRING CHEESE (1EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)	EGGO PANCAKES (1EA) FRESH FRUIT(1EA) MILK (8OZ-1EA)	YOGURT (1EA) FRESH FRUIT(1EA) GRAHAM CRACKERS (1EA) MILK (8OZ-1EA)	EGGO FRENCH TOAST (3EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)	MUFFIN (1EA) FRUIT (1EA) MILK (8OZ-1EA)
8/23 9/20 10/18 11/15 12/13	WG CEREAL (1EA) STRING CHEESE (1EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)	GLAZED PANCAKES (1EA) FRUIT (1EA) MILK (8OZ-1EA)	MUFFIN (1EA) FRESH FRUIT (1EA) MILK (8OZ-1EA)	BOILED EGG (1EA) SLICED BREAD (1EA) FRUIT JUICE(1EA) MILK (8OZ-1EA)	EGGO FRENCH TOAST (1EA) FRESH FRUIT(1EA) MILK (8OZ-1EA)

